

Shelburne County (SSFRA)

▪ Child-focused Programming

- **Transition to School** - a program that provides children entering Grade Primary the opportunity to experience a week of school and meet children who will be in their classes when school starts
- **Cook~N~Chill** - 9-11year olds will have fun leaning basic cooking and food handling skills as well as kitchen safety as they prepare nutritious (and sometimes wacky!!) recipes. This program runs Mondays and Fridays until the end of November. Currently all spaces are filled for this program.

▪ Parent-Focused Programming

- **Baby Group** - A great chance for you and your baby to get out and have some fun with baby friendly songs and activities. Babies get to play with other babies and parents get to chat! This program is offered in partnership with Public Health so every second week a Public Health Staff Person will attend giving parents a chance to ask questions and have their baby weighed. This program is offered Tuesday mornings in two locations: in Barrington at the Library and in Shelburne at the King Street Centre.
- **Breast Pump Lending Service!** - Thanks to Shelburne County Community Health Board funds, we now have Breast Pumps available for loan! Please drop by the King Street Centre or talk to your local group leader about borrowing one. Why buy one when you can borrow one instead?
- **Moving Forward** - A self-empowerment program for women. Offered in partnership with The Tri-County Women's Centre, Juniper House and Our House Youth and Wellness Centre. This program will run until mid-November. Held Wednesdays at The King Street Centre. Currently spaces are filled for this program but if there is enough interest there is a possibility it may be offered again over the Winter months.

▪ Family focused Programming

- **Toddle~N~Tumble** - This program is designed to strengthen the bond between parents or care givers and their children. We offer lots of time for play as well as a bit of structure with circle time, craft time and snack time. At circle time children are introduced to new songs, stories and rhymes. Everyone enjoys this time spent singing and having fun! Program offered in: Shelburne, Lockeport, Ingomar and Barrington!
- **Parent and Tot Drop- In** - This is a fun-filled morning for both parent/care giver and child at the King Street Centre. Children have lots of space to play both inside and out and can even try their hand at making a craft. This is a great opportunity for parents/care givers as well as children to meet new friends in a fun and friendly atmosphere! (Please note: this program is participant- driven with staff on site for assistance.)
- **Resource Lending Library** - The King Street Family Resource Centre has a Library that contains Books and Videos for you to borrow on a variety of topics. Stop by and “Check-it-out.” There are lots of new books!!!

▪ Community Focused Programming

- **Clothing Exchange** - At the King Street Centre, in the main hallway, are bins filled with clothing that has been donated. The centre is open daily and people are welcome to dig through the bins whenever they would like. Our motto is ...take a few.....bring a few! If you see something you like take it and when your child outgrows it bring it back or pass it along!