

# Prenatal with the Shelburne Family Resource Centre



**Join other expectant parents!**

**When: January 12, 19 &  
26, 2026  
Time: 6:00PM  
Via Zoom**

**In-Person sessions available,  
please contact for details.**



**What does the program look like?**

**Healthy  
Pregnancy,  
Baby and  
Family**

**Bringing  
Home Baby**

**Parenting  
Support**

**Labor &  
Delivery**

**Comfort  
Measures**

**Infant  
Feeding  
Safety**

**Community  
Connections  
& Resources**



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