

# Prenatal at the Queens Family Resource Centre



Join other expectant parents !

**When: April 8<sup>th</sup>, 15<sup>th</sup> and  
22<sup>nd</sup> 2026**

**Time: 6:00PM**

**Where: 40 Water Street  
Unit 2**



What does the program look like?

**Healthy  
Pregnancy, Baby  
and Family**

**Bringing Baby  
home, Parenting  
support**

**Labor &  
Delivery,  
Comfort  
Measures**



**Infant Feeding,  
Safety**

**Community  
Connections &  
Resources**



1 902 354-7176  
1 833 354-7176



40 Water St.  
Unit 2



qfrc@ns.aliantzinc.ca



provided in partnership with



Government  
of Canada

Gouvernement  
du Canada

NOVA SCOTIA  
Government of Nova Scotia