

# Join Kendra for some Self-Care/Coffee/Crafts (Parents & Caregivers) (Registered required) (No childcare provided)

10 am to Noon Here at the Centre

Oct. 8th-calming/vision board

Nov. 12th-knitting dishcloths

Dec. 17th-x-mas ornaments

Jan. 14th-New Year 2022 wreath

Feb. 11th-painting bottles

March 11th-rock painting

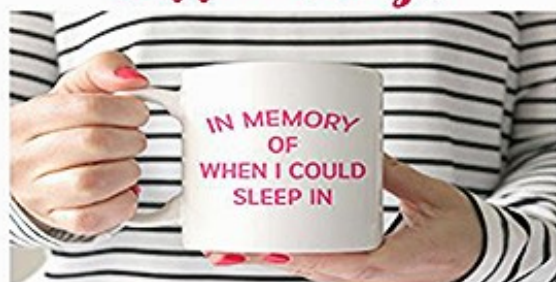
April 8th-origami flowers

May 13th-driftwood painting

June 10th-origami summer theme



#MOMLIFE  
*Coffee Mugs*



Queens Family Resource Centre



Phone: 902-354-7176  
Register A.S.A.P.  
(Spots are Limited )  
All Covid 19 Public Health  
Measures will be followed.

