

My Tween & Me

Free program for parents and caregiver's of tweens
ages 7 to 12 years old.

Registration Deadline October 7/2024



Registration Required: Please call 902-354-7176

Dates: October 16, 23, 30 and November 6,13

Time: 5-7 pm

Location: 40 Water Street Unit #2, Liverpool, N.S

Through 5 group sessions My Tween and Me:

- Enhances Knowledge of tween growth and development.
- Builds effective communication skills for both tween and caregiver
- Promotes positive youth development
- Builds strong family and community relationships