

SSFRA Programming Queens County

Child-focused Programming

Transition to school- This program is for children entering grade primary, children will become familiar with their school, classroom and classmates. It also provides opportunity for your child to experience learning in a small group setting.

Play N Grow-This program offers children 3 to 5 years of age a chance for learning opportunities and self-help skills.

Parent-Focused Programming

Parent Information Sessions- Information will be available to parents on specific topics throughout the year. For more details call the Centre at 354-7176.

Pre/Post Natal Programs

Baby Talk- Join parents and other care givers of new babies every week, Have your baby weighed or just get answers to questions you have about your new baby. Monday 10:00-12:00

Prenatal education sharing sessions-Provide in partnership with Public Health Services and the Queens Family resource Centre. For more information call 3545737 or 354-7176.

Infant Massage- Connect with your baby through nurturing touch. These sessions are designed for babies not yet crawling. 4 weekly sessions offered throughout the year.

Breast Pump Lending Program- The Queens Family Resource Centre offers breast pumps to nursing moms. For more information call the Centre at 3547176.

Family focused Programming

Toddler Time- For Toddlers age 1 to 2 ½. Bring your Toddler to play with other Toddlers in a safe environment. Thursday 10:00-11:30

Playgroup at the Centre- Fun for all ages. A chance for families to come together and enjoy songs, rhymes, games, crafts and make new friends. Tuesday 10:00-11:30

Wednesday morning drop-in- A time for families to come together and have fun in our playroom or our playground. Wednesday mornings

North Queens Parent and Tot- Join Families in the North Queens area for some playgroup fun, At Georgie's Building. Friday's 10:00-11:30

Community Focused Programming

Special event days- Join staff with your family for fun activities during summer months or other special event days. Watch for flyers or one of our calendars for these days.

Car seat support- Have questions about any stage of car seats? We have trained staff to answer questions.