

Never shake your baby

Your baby has a heavy head and a weak neck. If you shake her, her head will jerk back and forth. Her brain will be damaged and will bleed. Her spine can be injured. Your baby could die.

No matter how upset or angry you feel, never, ever shake your baby!

CAUTION!

Babies can be injured by caregivers or other family members. Be sure everyone who takes care of your baby knows that they should **NEVER SHAKE A BABY.**

Double Check

You'll find information about how to handle stress and anger in the "All Parents" section of **Loving Care: Parents and Families.**



Your baby wants you to know...

Shaking can kill me. It can hurt my brain or spine in ways that can never be healed.

Loving Care



Birth to 6 Months

2010


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