

Who Came: Wayne, Ron, Brian, Louise, Debbie, Melanie

*What matters is not the idea a man holds, but the depth at which he holds it. ~Ezra Pound*

Purpose statement.

As a core team, we will become:

### **Cultivators of a thriving local food system**

A cultivator creates fertile land for planting...

- Creates the conditions for people to solve their own problems
- Names what is out there and new initiatives as they arise
- Connects initiatives, people and ideas
- Nourishes relationships between all the parts
- Makes visible what's going on, what we are learning and tells the story of local food

### **Information Bites and Sharing**

- Correction re food forum: It is actually Localicious that will be taking place on August 8th, at 2:30 pm at the Best Western in Bridgewater to connect our local farmers and food producers to local restaurants
- Jackie, Dena, Bev, Shelley, Debbie, Cheryl and Karen will be working on the release of the food costing results
- Incredible suppers will be planned for the fall across Nova Scotia
- Debbie shared articles about the community kitchens that took place through the South Shore Family Resource Association
- CURA - group is investigating their direction

**We explored the focus of the group and the following was heard:**

- Looking at shifts in systems - protocol changes
- Grassroots is where long standing changes stick
- Making connections
- Food orientated
- How do you make better communities with the roots
- Youth
- How do we build sustainable skills in the community
- New opportunities
- Find interests of the entire group
- Who is doing what
- Linking and connecting

This was all refined down to:

- Who is out there doing what, we need to facilitate the connections/links that are already happening, and think about how we support the gaps that will impact the broader community
- When looking at the gaps we need to apply the purpose of the core team
- Need to recognize that each committee member is attached/linked to their own community



### An idea was born:

- We will create a map for Lunenburg and Queens County and make it available to the community - need to start small.
- Decided to start with community kitchens and gardens, farmer's markets and 4H clubs
- Find a spot to house the information we discover
- We will share the information
- We need to create a spin off bin for what we discover

### Some of the details:

- Brian can provide a map
- Ron has the 4H information
- Brian has the farmer's market information
- Melanie to develop a survey
- We need to test the survey/questions with a few people

### The What of the map:

#### Community Kitchen (Facilities)

- Location
- Civic address
- Owner information
- Contact information
- Descriptors - equipment, age of equipment, storage, stoves, sinks, fridges, seating capacity, size of kitchen
- Availability - rental fee for kitchen/hall
- Present usage
- Wheelchair accessibility

#### Community Kitchen (Programs)

- Where is it offered
- Contact information
- Fee for participation
- Target population
- Attendance
- Description of program - soup kitchen base, skill building
- Type of program
- How often

#### Community Gardens

- Type - community, school
- Contact information
- Location
- Usage - who helps out
- Coordinator
- Size
- Cost to participants
- Transportation/accessibility
- Equipment provided
- Functioning/structure - individual or all community
- How long in operation
- Who grows and who uses it

#### We will send this to:

- Food forum participants
- Recreation departments
- SSFRA website
- Our own contacts

We want the information collected  
by September 30, 2011

The Next meeting of the  
Local Food Core Team will  
be September 26, 2011 from  
10:00am - 12 noon at the  
Sobeys Community room in  
the Bridgewater Mall