

## Diapers

A healthy newborn has about 6 to 10 wet or dirty diapers over the day and night. Babies between ages 6 weeks and 6 months usually have 6 to 8 wet or dirty diapers per day.

**Check with your health care provider** if your baby has fewer than 6 wet diapers a day.

A dry bottom will keep your baby comfortable. Change your baby's diaper as soon as it gets wet or dirty.

Wash and dry the diaper area carefully every time you change the diaper.

- For girl babies, wash from front to back. Be sure all the creases are clean.
- For boy babies, don't pull back the foreskin when you wash the penis.

### Added info...

You don't need to use baby powder or cornstarch.

If you choose to use baby powder, make sure the baby doesn't breathe it in.

### Added info...

Washing your hands after you change your baby's diaper stops the spread of germs. This helps keep the whole family healthy.



### Your baby wants you to know...

*I like to play while I'm getting my diaper changed. Kiss my fingers, toes, and belly. Talk to me. Sing to me. Tell me the names of my body parts.*

# Loving Care



Birth to 6 Months

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