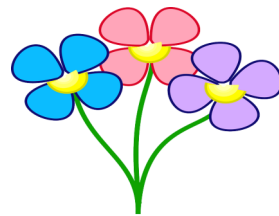


**Find out more information or to register for programs
at the Queens Family Resource Centre**

please call 902 354-7176 or Toll Free 1 833 354-7176

*****All Programs are free to attend******

MAY



Social Time (all ages) (Drop-in)

Monday May 1st, 8th, 15th and 29th

An opportunity for individuals to drop-in, socialize, share experience and access resources. Child care not provided

Baby and Me! (age 0-18 months) (Drop-in)

Tuesday May 2nd, 9th, 16th, 23rd and 30th

Caregivers of babies have opportunity to socialize, share experiences and access to resources. Siblings Welcome

Prenatal Education Program (expected parents) (registered groups)

Next Session July 2023, Call or email the Centre for more information and to register 902 354-7176

Sessions can be provided in person, groups, one on one and virtually.

Play and Grow (age 3 to 5) (Registered group)

Tuesday May 2nd, 9th, 16th, 23rd, and 30th

For 3 to 5 year old's, increase social skills, encourage positive behavior, and reinforces the importance of play. Weekly tips/take aways for parents and caregivers

Covid Test Kit (Free kits for community members)

Available during office hours

1 kit per household member, while supplies last

Community Playgroups (all ages) (drop-in)

Caledonia Monday May 1st, 8th, 15th and 29th

Liverpool Wednesday May 3rd, 10th, 17th, 24th and 31st

Families with children of all ages participate in free play, songs, games, hands on learning, snack and story time. Check the calendar for locations.

Parent information Sessions (18+) (Registered group)

Registered groups for parents on a variety of topics

Have a suggestion? Let us know!

For more information please call 902 354-7176

Toddler Time (age 1-4)

Thursday May 4th, 11th, 18th and 25th

Toddlers and their caregivers get together to socialize with peers, learn to share, play and have access to resources. Siblings welcome!

The Parenting Journey

Parenting Journey is a free, voluntary home visiting program that provides support to families with children ages 0-18 in the community, contact your local Family Resource Centre.



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Facebook: [Queens-Family-Resource-Centre-Queens-County](https://www.facebook.com/Queens-Family-Resource-Centre-Queens-County)

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