

Find out more information or to register for programs at the

Queens Family Resource Centre

please call 902 354-7176 or Toll Free 1 833 354-7176

\*\*\*All Programs are free to attend\*\*\*



**Playgroup at the Centre** (all ages) (Drop-in 10-11:30am)

Liverpool at the Centre Monday January 5th, 12th, 19th and 26th. Families with children of all ages participate in free play, songs, games and hands on learning, stories and snacks.

**Baby and Me at the Centre** (age 0-18 months) (Drop-in) (10:00-12noon)

Tuesday January 6th, 13th, 20th and 27th. Caregivers of babies meet staff at the Centre for social time and sharing. Siblings Welcome. Check out our calendars for community partner visits.

**Social Time** (all ages) (Drop-in) (10-1130am)

Wednesday January 7th, 14th, 21st and 28th. An opportunity for family to drop-in at the Centre to socialize, share experience and have access resources. Child care not provided

**Toddler Time** (age 1-4) (10-1130am)

Thursday January 8th, 15th, 22nd and 29th. Toddlers and their caregivers get together to socialize with peers, learn to share, play and have access to resources. Siblings welcome!

**After school Craft Group Wickwire** (Grade 4 & 5 students) (closed group) (3:00pm-4:30pm)

Thursday January 8th, 15th, 22nd and 29th. Students explore a variety of craft ideas, games and more.

**After school Group Greenfield** (Grade 3, 4 & 5 Students) (closed group) (2:00-3:30pm)

Monday January 12th, 19th and 26th. Students will explore crafts, games and more.

**Prenatal support program** (expected parents) (registered groups)

Offered throughout the year in-person or virtual sessions, groups or 1 on 1, call or email the Centre for more information and to register. Virtual sessions via zoom Monday January 12th, 19th and 26th. contact Angela to register for virtual sessions at [angelamjeffery@hotmail.com](mailto:angelamjeffery@hotmail.com)

**Greenfield playgroup** (Drop-In, All ages welcome) (12:30-1:30pm)

Monday January 12th, 19th and 26th. Families in the Greenfield community join staff for some playgroup fun and socializing, all ages welcome.

**Parent information Sessions** (18+)

Watch for our calendars or promotion posters. Have an idea? Share it with us! For more information or to register please call 902-354-7176

**CLT and Inservice days**

Join staff for fun activities, craft and special programs during early dismissals and Inservice day. Watch the calendar for advertised programs.

**The Parenting Journey**

Parenting Journey is a free, voluntary home visiting program that provides support to families with children ages 0-18 in the community, contact your local Family Resource Centre.



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