Find out more information or to register for programs at the

Queens Family Resource Centre

please call 902 354-7176 or Toll Free 1 833 354-7176

All Programs are free to attend*

Playgroup at the Centre (all ages) (Drop-in 10-11:30am)

Liverpool at the Centre Monday December 1st, 8th and 15th. Families with children of all ages participate in free play, songs, games and hands on learning, stories and snacks.

Baby and Me at the Centre (age 0-18 months) (Drop-in) (10:00-12noon)

Tuesday December 2nd, 9th, and 16th. Caregivers of babies meet staff at the Centre for social time and sharing. Siblings Welcome. Check out our calendars for community partner visits.

Social Time (all ages) (Drop-in) (10-1130am)

Wednesday December 3rd, 10th and 17th. An opportunity for family to drop-in at the Centre to socialize, share experience and have access resources. Child care not provided

Toddler Time (age 1-4) (10-1130am)

Thursday December 4th, 11th, and 18th. Toddlers and their caregivers get together to socialize with peers, learn to share, play and have access to resources. Siblings welcome!

After school Craft Group (Grade 4 & 5 students) (closed group) (3:00pm-4:30pm)

Thursday December 4th and 11th. Students explore a variety of craft ideas, games and more.

Prenatal support program (expected parents) (registered groups)

Offered throughout the year in-person or virtual sessions, groups or 1 on 1, call or email the Centre for more information and to register. Virtual sessions via zoom Monday January 12th, 19th and 26th. contact Angela to register for virtual sessions at angelamjeffery@hotmail.com

Holiday merry making (Drop-In, No childcare provided)

Winter Craft making December 8th and 9th (1:00-2:30pm), Soup social December 17th (12:00-1:30pm)

Parent information Sessions (18+)

Watch for our calendars or promotion posters. Have an idea? Share it with us! For more information or to register please call 902 –354-7176

CLT and Inservice days

Join staff for fun activities, craft and special programs during early dismissals and Inservice day. Watch the calendar for advertised programs. Wednesday November 26th, Open Gym time, Greenfield Rec Centre 12:30-1:30PM (Drop-In)

December 4th Cookies decoration and refreshments at the Library

The Parenting Journey

Parenting Journey is a free, voluntary home visiting program that provides support to families with children ages 0-18 in the community, contact your local Family Resource Centre.







