

Find out more information or to register for programs at Queens Family Resource Centre
Please call 902 354-7176 or toll free 1 833 354-7176
*** All Programs are FREE to attend***

August 2026

Community Playgroups (All Ages, Drop-In) Families with children of all ages participate in free play, songs, games, hands on learning, snacks and stories. All ages welcome!

Liverpool at the Centre Monday August 10th and 17th **10:00AM-11:30AM**

Greenfield at the Rec centre Monday August 10th and 17th **12:30PM-1:30PM**

Baby and Me! (ages 0-18 months, Drop-In) Caregivers of babies meet staff at the library for social time, sharing experiences, songs and stories. Siblings welcome! check the Calendar for community partner visits.

Harley Umphrey Dr. Liverpool August 4th, 11th, and 18th **10:30AM-11:30AM**

Family Walks (All ages, Drop-In) an opportunity for families to meet staff at Pine Grove entrance for a walk around the trail, weather permitting.

Pine Grove Park Milton Wednesday mornings at **10:00AM** (May-October) Child care not provided.

All ages playgroup (Drop-In) Children of all ages and their caregivers get together to socialize with their peers, learn to share, play and access to resources. All ages welcome!

Liverpool at the Centre Thursday August 6th, 13th and 20th **10:30AM-11:30AM**

Summer Activities Join staff for fun activities, crafts and special programs during July and August, Watch for our monthly calendar for advertised program or promotional posters.

Prenatal support program (expected parents, registered groups)

Offered throughout the year In-Person or virtual groups or 1 on 1 support, call or email the centre for more information or to register. 902 354-7176, toll free 1 833 354-7176 or email qfrc@ns.aliantzinc.ca Next In-Person sessions will be held October 14th, 21st and 28th 2026

The Parenting Journey a free, voluntary home visiting program that supports families with children 0-18 years of age in the community. Contact us for more information or to register.

Summer cooking: Little food creators Greenfield and Liverpool ages 4-7 years (Registration required, limited space) **Greenfield July 13th and August 10th 10:30Am-11:30AM, Liverpool July 14th and August 11th 10:00AM-11:00AM**

Summer cooking: Tweens Greenfield and Liverpool ages 8-12 years (registration required, limited space) **Greenfield July 13th and August 10th 2:00PM-3:00PM, Liverpool July 14th and August 11th 12:30PM-1:30PM**

Closed for Staff Vacation August 21st to September 8th 2026



40 Water Street Unit 2, PO Box 178 Liverpool NS B0T 1K0



<https://www.canada.ca/en/public-health.html>



<https://novascotia.ca/coms/families/index.html>