

Find out more information or to register for programs  
at the Queens Family Resource Centre

please call 902 354-7176 or Toll Free 1 833 354-7176

\*\*\*All Programs are free to attend\*\*\*



**Parent information Sessions (18+)** (Registered group)

Watch for our Calendars or promotion poster. Have an idea? Share it with us!

For more information or to register please call 902-354-7176

**Prenatal Education Program** (expected parents) (registered groups)

Offered throughout the year in-person or virtual sessions, groups or 1 on 1, call or email the Centre for more information and to register.

\*\*\* In-Person Sessions July 23rd, 30th and August 6th, 13th 2024\*\*\*

**Community Playgroup in the Park** (all ages) (drop-in)

Liverpool at Etlí Milita'mk universal park Monday August 12th

North Queens next to the pool Wednesday August 7th & 14th

**Toddler Time** (age 1-4) (10-1130am)

Thursday August 1st, 8th & 15th

Toddlers and their caregivers get together to socialize with peers, learn to share, play and have access to resources. Siblings welcome!

**Baby and Me at the Centre** (age 0-18 months) (Drop-in)(1000-12noon)

Tuesday August 6th & 13th

Caregivers of babies meet staff at the Centre for summer sessions Siblings Welcome. Check our calendar for community partner visits.

**The Parenting Journey**

Parenting Journey is a free, voluntary home visiting program that provides support to families with children ages 0-18 in the community, contact your local Family Resource Centre.

**Casserole Cooking with Kids** (age 10+ (Registration required) (1pm-230pm)

Monday August 12th

Children ages 10+ will cook and prepare casseroles for their families. Each family will receive a new casserole dish !

**Closed for Staff vacation**

**August 19th to September 3rd**

**Please check our website or Facebook pages for fall programming.**

**[www.southshorefamilyresource.org](http://www.southshorefamilyresource.org)**



**Queens Family Resource Centre** 40 Water Street Unit 2, Liverpool NS PO Box 178 B0T 1K0

Phone: 902 354-7176, Toll free 1-833-354-7176, Website: [www.southshorefamilyresource.org](http://www.southshorefamilyresource.org)

Facebook: [Queens-Family-Resource-Centre-Queens-County](https://www.facebook.com/Queens-Family-Resource-Centre-Queens-County)

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