

Find out more information or to register for programs at Queens Family Resource Centre
Please call 902 354-7176 or toll free 1 833 354-7176
*** All Programs are FREE to attend***

April 2026

Community Playgroups (All Ages, Drop-In) Families with children of all ages participate in free play, songs, games, hands on learning, snacks and stories. All ages welcome!

Liverpool at the Centre Monday April 13th, 20th, and 27th **10:00AM-11:30AM**

Greenfield at the Rec centre Monday April 13th, 20th and 27th **12:30PM-1:30PM**

Baby and Me! (ages 0-18 months, Drop-In) Caregivers of babies meet staff at the library for social time, sharing experiences, songs and stories. Siblings welcome! check the Calendar for community partner visits.

Harley Umphrey Dr. Liverpool Tuesday April 7th, 14th, 21st, and 28th **10:30AM-11:30AM**

Social time (All ages, Drop-In) an opportunity for families to Drop-In at the Centre to socialize, share experiences and access resources. Child care not provided.

Liverpool at the Centre Wednesday April 1st, 8th, 15th, 22nd and 29th **10:00AM-11:30AM**

Toddler Time (Ages 1-4, Drop-In) Toddlers and their caregivers get together to socialize with their peers, learn to share, play and access to resources. Siblings welcome!

Liverpool at the Centre Thursday April 2nd, 9th, 16th, 23rd, and 30th **10:00AM-11:30AM**

CLT and Inservice days Join staff for fun activities, crafts and special programs during early dismissal and Inservice days. Watch for our monthly calendar for advertised program or promotional posters.

Prenatal support program (expected parents, registered groups)

Offered throughout the year In-Person or virtual groups or 1 on 1 support, call or email the centre for more information or to register. 902 354-7176, toll free 1 833 354-7176 or email gfrc@ns.aliantzinc.ca Next In-Person sessions will be held April 8th, 15th and 22nd 2026

The Parenting Journey a free, voluntary home visiting program that supports families with children 0-18 years of age in the community. Contact us for more information or to register.

Let's Talk series: Understanding Behaviors (Families with children 0-18 years) April 13th at the Centre in Liverpool and April 21st at the Verni in North Queens. **1:00PM-2:00PM**



40 Water Street Unit 2, PO Box 178 Liverpool NS B0T 1K0



<https://www.canada.ca/en/public-health.html>



<https://novascotia.ca/coms/families/index.html>