



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Centre Closed for Canada Day	2 10:30 AM -12:00 PM Toddler Time -Drop in	3 10:00 AM -12:00 PM Closed Program
6 10:00 AM Staff Meeting 1:00 PM -3:00 PM Closed Program -Bucket Fillers	7 10:30 AM -12:00 PM Baby and Me -Drop in	8 10:30 AM -12:00 PM Cooking With Kids 10 year olds and up, registration required.	9 10:30 AM -12:00 PM Toddler Time -Drop in 1:00 PM -2:00 PM Closed program	10 10:00 AM -12:00 PM LaLeche League Breastfeeding Support Group -Drop in
13 1:00 PM -3:00 PM Closed Program -Bucket Fillers	14 10:30 AM -12:00 PM Baby and Me -Drop in	15 10:30 AM -12:00 PM Crafting With Kids, all ages, registration required	16 10:30 AM -12:00 PM Toddler Time -Drop in 5:00 PM -7:00 PM Crock Pot Cooking, registration required. No Child Care available.	17 10:00 AM -12:00 PM Closed Program
20 1:00 PM -3:00 PM Closed Program -Bucket Fillers	21 10:30 AM -12:00 PM Baby and Me -Drop in	22 10:30 AM -12:00 PM Tye Dye T-Shirts Craft for 5 year olds and up, registration required. Child Care provided for younger children	23 10:30 AM -12:00 PM Toddler Time -Drop in 1:00 PM -2:00 PM Closed program	24 10:00 AM -12:00 PM LaLeche League Breastfeeding Support Group -Drop in
27	28	29	30	31

Centre Closed Monday July 27th to Friday August 7th, 2026

**Register for programs at the
Better Together Family Resource Centre
or by calling 902 543 3119.**

Programs are free to attend.



2026

Mondays

Closed Program—Bucket Fillers—Monday July 6th, 13th, 20th, August 10th, 17th, and 24th, 2026, 1 to 3 pm.

Tuesdays

Baby and Me -Drop in (ages newborn to 18 months, Child Care available for older children) Tuesday July 7th, 14th, and 21st, 10:30 am to 12 noon. Caregivers of babies have an opportunity to socialize, share experiences, and access resources.

Tuesday July 14th, 2026 –NS Public Health Nurses are available during Baby and Me to answer questions and discuss baby health issues. <https://www.nshealth.ca/public-health>

Wednesdays

Cooking With Kids for 10 year olds and up—Registration required -Wednesday July 8th, 2026, 10:30 am to 12 noon. Kids are dropped off, parents do not have to stay with children.

Crafting With Kids for all ages—Registration required -Wednesday July 15th, 2026, 10:30 am to 12 noon. Parents, care givers, and kids craft together.

Tye Dye Kids Craft for 5 year olds and up—Registration required -Wednesday July 22nd, 2026, 10:30 am to 12 noon. Child Care provided for younger children.

Thursdays

Toddler Time—Drop in (ages 18 months to age 4) Thursday July 2nd, 9th, 16th, 23rd, 10:30 am to 12 noon. A fun weekly program for caregivers and toddlers 18 months—4 years to get together, socialize with peers, learn to share and play, and access resources.

Crock Pot Cooking —Registration Required –Thursday July 16th, 2026, 5 pm to 7 pm. No Child Care.

Fridays

Laleche League Breastfeeding Support Group—Drop in on Friday July 10th and 24th, 10 am to 12 noon
<https://www.lllc.ca/>

Better Together Family Resource Centre 821 King Street Unit 11 Bridgewater NS B4V 1B7

Phone 902 543 3119 or toll free 1 833 543 3119 Website <https://www.southshorefamilyresource.org/>

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