

December 2025

The Family Centre

902-245-2300

Crafting Together: A program for participants to get together and learn a new skill in a welcoming, relaxed environment. Participants are supported by a staff member and will have access to support at the centre. All supplies are provided free of charge.

Baby & Me: Caregivers of babies 0-18 months have an opportunity to socialize, share experiences and access resources. Childcare attached for older siblings' downstairs.

Toddler Time: Looking for somewhere to go with your toddler to socialize and have some fun? Then this is the group for you!

Social Time: An opportunity for individuals to drop-in socialize and access resources. Childcare provided.

Play and Grow 3 to 5 Years: Play and Grow for 3-5 olds, increases children's social skills, encourages positive behaviours and reinforces the importance of play. Weekly tips/take ways for parents and caregivers. Registered program spaces are limited call (902)245-2300 to register.

Ready, Set, Bake Grades P-3: Little chefs in training will be introduced into reading recipes, learning how to use cooking utensils, measurements and build confidence in the kitchen. Call to register 902-245-2300.

Kids Christmas Crafting: No School want something to do. Come join us and make a Christmas craft. Space is limited. Will be held at The Family Centre, 1 Birch St. Please call 902-245-2300 to register. (Grades P-3) (Grades 4-6)

Cookie Exchange: Would you like some extra cookies for Christmas? Bake two dozen cookies and bring them in to exchange with other bakers. Please have a list of your ingredients due to Allergy's.

Christmas Tea: At the Digby Family Centre. Come join us for coffee, tea, snacks, and good conversation

We will be closed from December 22,2025 to January 2,2026 have a safe and happy holiday. See you all in the new year.

