

August 2022

The Family Centre

902-245-2300

Creative Crafts: If you are interested in coming in to do one of these crafts, call and ask for Ann and she will register you for the program if spaces are available.

Baby Group: If you want to get out and socialize with your little one than this is the group for you! Mothers and babies come together to talk about what trials they are having and share ideas. All COVID-19 protocols are followed.

Toddler Group: Looking for somewhere to go with your toddler to socialize and have some fun? Call to register.

Drop-in/Parent Break: This program is an informal opportunity for parents and other community members to drop by the centre, sip a coffee, socialize, and have their children cared for in our childcare facility. Please drop-by.

Transition to School: Transition to school is a program to support children entering the school system. Our days will be similar to the school routine. We will be focusing on self-esteem, independence, attention, and self-control. Social skills resilience building and an increase in confidence will be the goal of this program.

Summer Workshops: These are designed for two different age groups ages 6-8 and 9-12. There will be crafts, games, and some science fun. We will provide a light snack for the afternoon; they must bring a lunch. Also bring a hat, sun block, towel, and a change of clothes. Space is limited so you must call to register 902-245-2300.

