

A healthy snack will be served during your visit.

No outside food or drink will be allowed in the Centre.

- ⇒ Except for food for infants/children who do not eat solids.
- ⇒ In this case, the caregiver is the only one who can handle the food for the infant/child/children.
- ⇒ Parents will be encouraged to bring their own water bottles for their families to offsite activities.

- ♦ Playgroups and outdoor programs (weather permitting) are what we can offer due to space restrictions and gathering limits as outlined in the public health measures at this time. When restrictions change, we will update our policy.
- ♦ We know some of you have been seeing other families as part of your personal bubble, however, when attending programs or visits — we are unable to support that .



The South Shore Family Resource Association is following Public Health Measures to keep everyone safe so we can be together....



Physical distancing between participants and staff must always be maintained.



Participants will be asked to wash their hands or use hand sanitizer before entering the program area/centre.



Masks must be worn by participants into the centre and until they reach the program/visit area. If you do not have a mask one will be provided for you.

- Children under two are exempt as well as children between ages 2-4 if they will not cooperate and wear a mask for their caregiver.
- Once the family reaches the program area, they may take off their masks if they choose to.
- Program Facilitators are required to wear their mask during the program/appointment.



Participants will be asked to use the washroom identified for visitors at each centre



Participants will be asked to follow proper respiratory etiquette by sneezing or coughing into the crux of your elbow or a Kleenex. Hand sanitizer must be used immediately after each case and after discarding the Kleenex.

Revised April 2021



We are looking forward to seeing you!

Registration is now mandatory.

Families are now required to register for playgroups or for outdoor programs (weather permitting).

Public Health Measures in place to keep you, your family and our staff safe are:

- ⇒ Screening for COVID symptoms
- ⇒ Physical Distancing protocols
- ⇒ Hand washing protocols
- ⇒ Gathering restrictions of 10 participants
- ⇒ Cleaning and sanitizing of Centres

We are unable to support drop-in visits or outreach programs at this time.

Please call 902 875 3256 to book your visit.

Space will be limited due to physical distancing and social gathering restrictions.

When participants call to register for a visit or program, they will be asked the following questions:

In the past 48 hours have you had, or are you currently experiencing:

- Fever **OR** cough (new or worsening)
- or
- Two or more of the following symptoms (new or worsening);
- Sore throat
- Runny nose
- Headache
- Shortness of breath

If you answer yes to either of these questions, please call 811 for further assessment by a nurse

1. In the last 14 days, have you travelled outside Atlantic Canada?
If you answer yes to the above question, you are required by law to self-isolate for 14 days upon arrival to Atlantic Canada.
2. In the last 14 days, have you had close contact (2 metres/6 feet) with someone confirmed to have COVID-19?
If you answer yes, you must stay home. You are required by law to self-isolate if you have been in contact of someone with COVID-19. If you haven't spoken with Public Health or been tested, you should contact 811 to be screened for testing for COVID-19.
3. Are you waiting for results from a COVID-19 test?
If yes, stay home. You are required by law to self-isolate while awaiting COVID-19 test results. Please follow instructions given by Public Health.

For the safety of other families and our staff in our facilities please do not participate if you or someone in your household is feeling ill. We would ask that you reschedule your visit and return after symptoms have disappeared.

Updated April 2021



Non Medical mask should not be placed on children under the age of 2 years.

The risk to suffocation is greater than the risk of getting Covid-19.

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Facebook: **Shelburne County Family Resource Centre**- <https://www.facebook.com/Shelburne-County-Family-Resource-Centre-Shelburne-County-103694677874223/>

Growing happy , healthy families

Human coronaviruses are most commonly spread from an infected person through: coughs, sneezes, when talking; close, prolonged personal contact; and touching an infected area, then touching mouth, nose or eyes before washing hands.

Preventing the spread of the Coronavirus:

- Centres will be cleaned and sanitized before and after every visit.
- Staff will wear masks during visits, and maintain physical distancing.
- Participants will be required to wear a mask when entering and moving through the centre.

Toys

- Please do not bring toys in to the Centre
- Clean and sanitized toys will be provided to play with during your visit (please do share with your children).

Should a case of COVID-19 be linked to one of our Centres, the Department of Health will notify those affected or those who may have been exposed. The Department of Health will develop next steps and the family resource centre will co-operate fully.