

**MSI** .....1-800-563-8880  
 information about obtaining a health card

**NS Human Rights Commission** .....1-877-269-7699

**NS Legal Aid, Liverpool**.....354-3215  
 .....1-866-543-4658

**Public Health**

◆ Bridgewater.....543-0850

◆ Liverpool.....354-5737

◆ Chester.....275-3581

◆ Lunenburg.....634-4014

◆ New Germany.....644-2710

**Salvation Army** thrift shop.....354-4144

**Second Story Women’s Centre**.....543-1315

**Sexual Health Centre**.....527-2868

**Society Of St Vincent De Paul**

(furniture, appliances free to those in need).....543-2184

**South Shore Regional School Board**.....543-2468

**Tenancy Board**.....1-800-670-4357

[www.southshorefamilyresource.org](http://www.southshorefamilyresource.org)

Updated July 2020

**Where To Call**

40 Water St., unit 2  
 Liverpool, NS  
 Phone: 354-7176  
 Fax: 354-2382

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**211** Nova Scotia’s directory to government and community programs.....211

**811** Health Link  
 Health professionals answer your health questions.....811

**Adult Learning Network**  
 Levels 1, 2 ,and 3 Liverpool.....354-3635

**Autism and Learning Centre**.....521-8547  
**Baby—New Parent’s Groups**

- ◆ Baby Club—Better Together Family Resource...543-3119
- ◆ Baby Talk-Queens Family Resource Centre.....354-7176
- ◆ Chester & Area Family Resource.....275-4347
- ◆ Lunenburg New Mother’s Group.....634-4014
- ◆ New Germany Busy Babies.....644-4014
- ◆ New Ross Playgroup.....689-2414

**Canada Child Tax Benefit**.....1-800-387-1193

**Car Seat Installation & Safety information**  
 Free service.....354-7176 or 354-2751

**Child Safety Link**.....1-866-288-1388  
**Community Health Board Queens**.....354-5508

**Dept. of Natural Resource**.....354-3462  
**Daycare Queens**.....354-5088

**Emergency Measures**.....354-7319  
**Fire Hall**.....354-4530

**Lions club of Liverpool**.....354-5676  
**Native Council of NS**.....354-2751



**Department of Community Services**

Queens County.....354-2771

**Employment Insurance** .....1-800-206-7218

**Family Court**

custody, access, child support.....543-4679

**Family Centres**

- ◆ Better Together Family Resource.....543-3119
- ◆ Queens Family Resource Centre.....354-7176
- ◆ Bridgewater Family Support Centre.....543-1301
- ◆ Chester & Area .....275-4347
- ◆ New Ross & Area.....689-2092

**Queens Early Childhood**

*free service to detect and help with developmental delays in kids from newborn to preschool.....354-5890*

**Food Banks**

- ◆ Queens County.....354-4894

**Child Safety Link.....** 1-866-288-1388

**RCMP** .....354-5721

**Family Maintenance enforcement program**

Kentville.....679-6728

Yarmouth.....742-0604

**Region of Queens.....**354-3453

**Poison Control.....**1-800 565-8161

**Home Care.....**354-3333

**Motor Vehicles.....**1-800-670-4357

**Harbour House**

*Shelter for women & children.....*543-3999

1-888-543-3999

**Helpline.....**1-877-521-1188

**Housing**

South Shore Housing Authority.....543-8200

**Hospitals**

- ◆ Fishermen’s Memorial Hospital.....634-8801
- ◆ IWK Health Centre .....1-902-470-8888
- ◆ South Shore Regional Hospital.....543-4603
- ◆ Queens General.....354-3436

**Immigration Navigation.....**543-0491

**Income Tax** Revenue Canada.....1-800-959-8281

**Kid’s Help Phone.....**1-800-668-6868

**Mental Health Services.....**354-2721 or 527-5528

**Mother’s of Angels.....**543-8010

*mothers helping mothers to grieve the loss of a child*



Change is the only constant.

If you find a change, please let us know!

Phone 354-7176 Email [qfrc@ns.aliantzinc.ca](mailto:qfrc@ns.aliantzinc.ca)