

# **Buccaneer Bay/Heritage House Outreach Centre Living here has some good things to offer!**

## ***Opportunities, support & empowerment***

### **→ Coffee Break - Time for just you**

Got a favourite hobby, but can never find the time to enjoy? Join us for your time. Work along with others, bring something new to share, or simply sit back and relax. It doesn't matter because it's all about you!

### **→ Back-to-School support program**

This program is available to adults returning to school. Tutor help is available on request. School-age children of participants are also welcome to come for help with homework. Supper is included with this program.

### **→ Clothing grab**

Beauty is in the eye of the beholder. Tired of your old clothes? Catch a ride to the Clothing Exchange at the Family Support Centre and see what's available. Trade in your old for a new-to-you wardrobe!

### **→ Trading Post**

The Trading Post provides all with an opportunity to exchange a product of which they may have more than one, with a product they are in need of. This service is available whenever the Outreach Centre is open.